

# LAGAN SCULLERS MASTERCLASS, OCTOBER 2011

**AT LAGAN SCULLERS' CLUB, 8 LOCKVIEW ROAD, BELFAST BT9 5FH**

**APPLICATION TO ATTEND SESSIONS AT AGREED TIMES. COST £110.**

Return to Lagan Scullers' Club on completion of part A, with payment. Places are limited to 20.

Those accepted will be considered members of Lagan Scullers' Club at the times stated below only, and while they remain on the club premises or on the river under the direction of the coaching staff.

## A- MASTERCLASS APPLICATION

Please enrol me for the MASTERCLASS	TICK/X	<input type="checkbox"/>
I enclose £110.00stg or €125.00 (ck payable to Lagan Scullers' Club)		<input type="checkbox"/>
NAME		
ADDRESS		
EMAIL		
DATE OF BIRTH		
THURSDAY 27 Oct	0900 until	
SATURDAY 28 Oct	at 1600	
I am aware that:		TICK/ X
1 Persons intending to scull must be able to swim 50 metres wearing rowing kit, and must wear suitable warm outdoor clothing and bring a full change of clothes.		<input type="checkbox"/>
2 Scullers must be able to launch, steer, and recover a single sculling boat without assistance.		<input type="checkbox"/>
3 In all cases, members must declare & continue to report any illness or physical condition which may affect their activities or the safety of themselves or others.		<input type="checkbox"/>
4 Use of a Lagan Scullers single scull will not be available unless arranged in advance with the club.		<input type="checkbox"/>
If aware of any potential difficulty with 1, 2 or 3, please give details. Include dietary requests.		
SIGNED/Name		
CONTACT PHONE NR.		
DATE		

## B- FOR CLUB USE

DATE RECEIVED	ACCEPTED	Y/N
RECORD OF OUTINGS		
DATE	TIME	NOTES
1		
2		
FINAL ASSESSMENT		
FURTHER ACTION		
SIGNED		